


JAWAHAR NAVODAYA VIDYALAYA, TARBOD, DIST – NUAPADA


MESS MENU
NOVEMBER-2017

S. N.	DAY	BREAK FAST	ACADEMIC BREAK	LUNCH	EVENING REFR.	DINNER
01	MONDAY	TOMATO /LEMONRICE, SABJI	FRUITS	RICE,DAL, ROTI, SABJI RAITA/SALAD/PICKLE/ PAPAD/LEMON/CHATNI	WADA,MILK	RICE,DAL, ROTI, MUTTER PANEER
02	TUES DAY	POHA SABJI JALEBI	BISCUITS	RICE,DAL, ROTI, SABJI RAITA/SALAD/PICKLE/ PAPAD/LEMON/CHATNI	MUDI,MIXTURE MILK	RICE,DAL, ROTI, SABJI, PICKLE
03	WEDNES DAY	MURHI MIXTURE SABJI	BISCUITS	RICE,DAL, ROTI,CHICKEN CURRY, / MUTTER PANEER	GULGULA/ BALUSAI/MILK	RICE,DAL, ROTI,SABJI
04	THURS DAY	RICE BIRYANI/ PARATHA, SABJI	BISCUITS	RICE,DAL, ROTI, SABJI RAITA/SALAD/PICKLE/ PAPAD/LEMON/CHATNI	CHANA MASALA/MUDI MIXTURE	RICE,DAL, ROTI,SABJI KHEER
05	FRI DAY	POHA SABJI JALEBI	BISCUITS	RICE,DAL, ROTI, FISH CURRY /MUTTER PANEER	SEWAI	RICE,DAL, ROTI, SABJI , PICKLE
06	SATUR DAY	IDLY, SAMBHAR/ CHATNI/MUDI MIXTURE,SABJI	BISCUITS	RICE,DAL, ROTI, SABJI RAITA/SALAD/PICKLE/ PAPAD/LEMON/CHATNI	PAKODI,MILK	RICE,DAL, ROTI, SABJI,
07	SUN DAY	PURI SABJI	OFF	RICE,DAL, ROTI, SABJI RAITA/SALAD/PICKLE/ PAPAD/LEMON/CHATNI	WHITE ,MUTTER MUDI, MIXTURE , MILK	RICE,DAL, ROTI, SABJI, SWEETS

NOTE:- 01 MENU CAN BE CHANGE AS PER THE AVAILABILITY OF THE ITEMS.
02 ONE SPECIAL LUNCH WILL BE GIVEN IN THE LAST WEEK OF THE MONTH.


CATT. ASTT.


MESS I/C


PRINCIPAL